

Preparing for a SchoolKit Clinic – A Parent or Carer Checklist

Ahead of the clinic

- Read through the letter and information received from your child's school about school clinics. Check that the date and time for your clinic appointment will be ok. Decide who in the family will attend.
- Send back to the school as soon as possible:
 - Confirmation of attendance and names of family members who will attend
 - Consent form (giving permission for information about your child and your family situation to be shared between the school and the health professionals who will be attending the clinic and other agencies who might also be able to help)
 - Questionnaire (if you've not taken part in a school clinic before).
- Visit the family doctor (GP) to obtain a referral letter addressed to the paediatrician or lead clinician taking part in the clinic (the school will have given you this doctor's name).
- Make arrangements for childcare for other children in the family as needed.
- Think about the issues that you most want to resolve, the most important priorities for you and your child, and the questions that you most want to ask the health professionals coming to the clinic (it might help to write these down).

Before a school clinic the school counsellor may call you or arrange a face-to-face meeting to talk about the clinic. The purpose of the clinic, who will be attending, and how the clinic will run will all be explained. Feel free to ask any questions at all and check anything you need to so that you feel comfortable about the process involved. If you would like a support person (such as a carer's advocate or social worker) or an interpreter at the clinic ask the school to arrange this.

On the Day of the Clinic

- Bring GP referral, Medicare card, and any medical reports.